Print ISSN: 2347-2146 | Online ISSN: 2347-6869



SOCRATES

An international, refereed (peer-reviewed) and indexed scholarly journal in Public Administration and Philosophy



THE SOCRATIC INQUIRY

The Official Newsletter of the Socrates Journal

VOL. 3 ISSUE 6 2021 (MAY 3 - JUN 6)

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Date of Publication: Sunday 6 June 2021 Wyoming, USA



LETTER FROM THE EDITOR

HELLO JUNE 2021!

Thank you for joining us!

In this issue of our Newsletter, we present a featured article. This article is written by Aditi Singh of India. The article is titled, "*Am I Free to Choose*?", and it discusses choice, freedom, individuality and responsibility.



There is also information about an upcoming conference (17 June 2021) titled, "Beyond Academic Philosophy" on page 8. The IPARN Foundation is creating a Research Committee on Migration. If you are interested in learning more about the committee's work, please see page 9 of this Newsletter.

Thank you so much for your continued support of our Newsletter! We hope you are well, happy and productive! Take care and please join us again next month.

Warm regards,

Michelle

FEATURED ARTICLE

AM I FREE TO CHOOSE?

Author: Aditi Singh Country: India

Abstract: This paper focuses on themes of freedom, social responsibility, and individuality. With special emphasis on Jean Paul Sartre and Immanuel Kant, I try to put forth my opinions on these topics. This paper is very carefully segmented to answer different questions that can arise while answering the question 'Am I Free to Choose?' In this paper I also try to articulate philosophy of choice, what constitutes and how we ultimately make a choice. Sartre's conception of 'freedom' and Kant's theory of categorical imperative also helps shape this essay to come to a conclusion about freedom and how it is entwined with social responsibility.

Keywords: Freedom, Individuality, Choice, Responsibility

"It is our choices, Harry, that show what we truly are, far more than our abilities."

— J.K. Rowling, Harry Potter and the Chamber of Secrets

Being just 12 years old and watching Harry Potter for the first time, I never really understood the meaning of this beautiful sentence. Growing up, studying philosophy, allowed me to finally understand some of this sentence. If I put it in the words of Jean Paul Sartre, "We are our choices" and the choices we make represent our personality. But one question that rises whenever the concept of choice is raised is that are we even free to make any choices by ourselves. From a determinist point of view, what we do is already planned and our actions don't really make a difference, however the whole concept of determinism presents a fatalist attitude towards life. Moreover, if determinism is true and valid, then none of us should do anything and should adopt a fatalist attitude. But this is not the case, as we make choices, some really tough ones in our day to day lives, we see that these choices not only effect us but is also important to others in and beyond our lives. The argument given by Sartre against determinism helps

us to understand the approach of freewill in a better way. He says that even though we are thrown into the pit of nothingness, our self-creation depends on us, it solely lies in the choices we make, thereby providing us a pragmatic approach to the concept of human freedom.

Refuting determinism in one sense or the other, the question that still remains is 'what really is a choice?' A choice may be defined as the act of preferring one alternative over the other. There must be at least two alternatives to even make a choice and this act of choosing requires the agent to be capable of deliberation and action. Now a choice may be of different kinds depending on the source (the source of motivation for that choice). It may be a moral choice, a responsible one, or one whose motivation lies in utility or a causally determined choice. Most of the choices we make come from a utilitarian point of view, we put our utility above all other aspects and then choose to do something. However, many moral philosophers have contested against this notion and have propounded for a moral responsible choice. Major difference between a utilitarian choice and a moral choice is where utilitarian choice is depended on many external factors where the sole motive is to profit ourselves, a moral responsible choice is based on freedom and autonomy of will.

Given the different types of choice, a choice is really a choice when it come from the source of freedom, otherwise it may as well be counted as a coerced decision. In the words of Kant in 'Observations on the Feeling of the Beautiful and Sublime (1764), "But what is harder and more unnatural than this yoke of necessity is the subjection of one being under the will of another. No misfortune can be more terrifying to one who is accustomed to freedom, who has enjoyed the good of freedom, than to see himself delivered to a creature of his own kind who can compel him to do what he will (to give himself over to his will). It requires a very long habitation to make the terrifying thought of servitude tolerable, for everyone must always feel that even when there are many adversities that one might not be pleased to shed at the risk of one's life, still in the choice between slavery and the risk of death one will have no reservation about preferring the latter." Here Kant is trying to point out that the worst thing that can happen to someone who was once morally free to make his/her own decisions is to be subjected to someone else's tyranny. He compares this position to the very notion of slavery.

Thinkers like Kant, who focuses on moral freedom, explains "how freedom in the proper sense

(moral, not metaphysical) is the supreme principle of all virtue and all happiness." By Kant's interpretation, we see that virtue does not depend on happiness. He opposes it to utilitarianism by saying that, "in moral matters, the noble must not be considered from the viewpoint of utility," and further, "hence the moral goodness of action does not consist in utility to the self." He therefore states that freedom is the central concept of human beings and forms the framework to make choices.

However, there are other thinkers, like Hobbes, who have claimed that man cannot be the original source of his actions. All desires and inclinations proceed from some cause. For Hobbes, universal causation is a brute fact, therefore we do not have the power of creating new causal chains by free choice; we do not have the power of origination, which means that 'freedom of will' is beyond us. However he also says that despite the absence of ultimate freedom, man is still free, by that he means he has a power of acting or not acting according to the determinations of the will. We are free (what we may call the freedom of action) insofar as we follow our own desires and inclinations, and implement our own decisions. A free action is where there is an absence of external impediments, and in the plainest sense it must be voluntary or willing. This may be described as a compatibility definition of freedom.

Therefore, it is not always the case that freedom is absolutely required to make a choice, we do sometimes unknowingly under the influence of someone else, or after being manipulated by someone else, make a choice which is not really our own. But this act of choosing under manipulation or under influence still requires a certain amount of power to act which has its basis in freedom.

Even though determinism is often refuted by advocates of freewill, there still remains certain external or internal conditions which poses great threat to the freedom to make a choice. The concept of causal thesis is one such problem. We might not sometimes even be aware of some pre-conditioning which influences us to make a choice. This antecedent might be the cause of our consequent i.e., our choice. Therefore, the

question again arises, whether we were free to make that choice. Apart from this there are other external causes like social conditioning, which might try to limit our freedom, and then there are other internal causes like our own desires, inclination which can also limit our freedom. No doubt these external and internal conditions exist in everyone's life but our freedom of will, freedom to choose should remain aloof to that. Freedom to choose can only exist if we somehow detach ourselves momentarily from these desires, pre-conditioning, etc. In order to resist pressure of these forces, one has to de-objectify oneself from these forces and then maybe that person can make a decision free of external or internal forces.

My whole essay has pointed out one thing, that a person cannot be free to think if s/he is subjugated by another. Here I borrow Kant's conception of being free in the way of using our own rational agency to achieve ends. Being influenced by someone, being subjugated, making decisions from the aspect of pre-conditioning, only result in disabling our functions to choose as agents. Some might ask, why subjugation is a disabling condition, when it doesn't ask to do anything, only to follow the guidance of others, well this very reason is the cause of our 'un-freedom', the fact that in this domain we are not even allowed to think or reflect on our own is the sole cause for disabling freedom to choose. We need to rationalize a situation on our own before even taking a decision, disabling this is therefore one of the most hazardous things that can happen to the notion of freedom. On the other hand, conditions where we can reflect, think about others as well as of ourselves as ends and not as any means can lead to conditions of freely choosing an action. Under these conditions we not only think about ourselves but also due to our reflective powers take such decisions which will in turn serve as a universal choice for others too. This represents not only objectivity of our rationale to make a decision but also the inter-subjectivity of that decision which will also serve others. Therefore, by referring to the objectivity and inter-subjectivity of the situation, we can think in such a way which will pave the path for freely choosing an action.

The question that remains after this evaluation is that whether freedom is absolute, such that everyone can follow and understand its concept? Conceptually speaking, the notion of freedom is absolute, it has both the aspects of objectivity and intersubjectivity as mentioned above. It is our consciousness and it makes us what we are. If we are not even free ontologically, our society would have never moved ahead of slavery and colonialism. All these acts of freedom are also due to the concept of "Rights". Although right and freedom are closely related, it might sometimes be the case that there are certain aspects of 'negative' freedom which you cannot do because of the concept of 'right'. Our rights therefore contain the limits to our freedom. However, rights are not something which were made overnight, they have been very carefully articulated and then made universal. The universal aspect is what makes 'right' compatible with freedom, it helps us recognize other human beings, animals, environment as ends and not as means. We all are equally given rights which does entail freedom. It is because of this universal, absolute concept of freedom, that it pains us when we see that someone is not free even in today's world. Countries where there is still no democracy, no rights for women and animals, make us suffer just by thinking about them, because the very basic concept of freedom is not there. Therefore, even though there are certain limitations to people acting freely, the concept of freedom remains to be an absolute.

I would like to conclude my essay by emphasizing on the fact that freedom is the key to a good human life, when we see others as agents of their own rationale, as ends and not as means, we end up creating a world which is meaningful to all. Freedom forms a necessary condition for our existence as it allows us to think freely without coercion, articulate a matter without pressure and then to make a choice which in turn can become a law, a law that if followed by anyone else will also benefit that person (Kant's Autonomy of Will). Even though we sometimes think that we are not free to do something, taking the recent example of restrictions put down on us during COVID-19, the rationale behind these restrictions show that it is in turn treating everybody as an agent of freewill and therefore expecting them to comprehend the situation and react accordingly. The concept of right again takes its place here and shows that something which is universal, is there to preserve our freedom and not destroy it.

Moreover, freedom is not an individual concept, it is embedded in the plurality of 'interactive beings', and the reciprocity it follows. This concept of reciprocity is not limited to humans only

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but extends itself to nature too. It is only when we treat nature as an end in itself, as an

intelligible agent, whose rights shouldn't be exploited, then we see the rewards of nature. The

concept of freedom has to become 'mutually meaningful' through its exercise and thus help in

the creation of an inter-subjective world which not only seems 'meaningful' and 'fulfilling' to each,

but also gives one the 'feeling' that one can do something worthwhile on one's own since others

are supportive of it or not negatively disposed to it, unless one is violating the right of the other.

This can only happen when we fully understand the concept of freedom is there around us.

Therefore, the quote by J.K Rowling "It is our choices, Harry, that show what we truly are, far

more than our abilities", holds the concept of freedom as true and that it is really our own

choices which can improve both ourselves and the world.

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UPCOMING CONFERENCE





Research Committee on Migration

As part of the execution of Memorandum of Understanding (MOU) that was signed between IPARN FOUNDATION, India and the Siirtolaisuusinstituutti - Migration Institute of Finland, Finland, IPARN Foundation is constituting a Research Committee on Migration to study the migration issues in developing countries of Asia and transnational migration between Finland and Asia.

Scholars and Researchers who are Interested in joining this research committee are requested to send their CV, Cover letter and at-least three published research publications to the Chairman, IPARN Foundation, India through email at: md@iparn.org

Pre-requisite:

Interested Academic/Researcher:

- 1. must have a Ph.D. or a D.M. degree.
- 2. must be employed in any academic institution or research organization.
- 3. must have relevant publication in reputed journals on Migration.
- 4. must have demonstrated evidence of superior academic and professional achievement.

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